



# EUXTON PRIMROSE HILL

Primary School

*"Together we will make a difference."*

## **Subject Leader Report – PE and Sport**

Subject Leader: Samantha Hacking

### **Subject Overview:**

The aims of PE are directly related to the overall aims of the school. As a school we aim to provide challenging lessons in achievable steps and to give every child a feeling of success in a broad range of physical activities and sports. This should feed into an understanding of the benefits of activity and exercise upon healthy bodies, lifestyles and minds which children will continue into their adult life. Through sports children will learn the skills of resilience, perseverance, team work and sportsmanship.

### **Aims:**

#### **Physical development:**

- To develop physical competence and confidence by acquiring and developing a range of fine and gross motor skills.
- To be aware of the different shapes and movements that can be made with the body.
- To develop knowledge, skills and understanding, and the ability to remember, repeat and refine actions with increasing control and accuracy.
- To promote fitness and a healthy lifestyle by understanding the effects of exercise on the body and mind and the importance of developing strength, endurance and flexibility
- To appreciate of the value of safe exercising.

#### **Social and emotional development:**

- To develop a love of physical exercise.
- To develop the ability to work independently and communicate with and respond appropriately towards others using verbal and non-verbal communication.
- To develop confidence in their own skills and abilities.
- To promote an understanding of safe practice, and develop a sense of responsibility towards the safety of themselves and others.
- To realise that the right exercise for you can be fun and will give you energy for other things in life.
- To create and plan games and teach them to one another.
- To develop a sense of fair play.

#### **Cognitive development:**

- To develop decision making and problem solving skills.
- To develop reasoning skills and the ability to make judgements.
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas.
- To develop the ability to communicate non-verbally with the body
- To improve observational skills, the ability to describe and make simple judgements on their own and others' work, and to use this knowledge and understanding to improve their own performance.

- To understand that using the correct technique will improve accuracy and individual performance.
- To be able to evaluate performance and act upon constructive criticism.

### **Spiritual, moral and cultural development:**

- To develop a positive attitude to themselves and others.
- To experience a range of differing activities and realise that physical activity doesn't have to be about winning a competition - doing your best is as important.
- To be able to encourage others and give praise for their achievements so that when children perform they do not fear failure.
- To treat your team, the opposition and the referee with respect.
- To raise self-esteem through opportunities to celebrate sporting success.

Children are taught two hours of high quality PE every week during curriculum time and also two hours a week extra-curricular. Thirty active minutes are incorporated into Maths, English and other foundation subjects over the course of each day bringing active learning into the curriculum. The children also Run a Mile at least three times a week.

EYFS are taught co-ordination and balance gross and fine motor movements through a series of physical activities and play based topic work.

KS1 are taught ten fundamental movements in independent, paired and group work, through Games, Dance and Gymnastics.

KS2 are taught independent, paired, group and small sided team games in areas of athletics, gymnastics, dance, Outdoor and adventurous, games – net and wall, Invasion and striking and fielding.

### **Fundamental Great British Values:**

PE and Sport teaches skills that form the basis of a healthy life and a positive mindset, which is beneficial throughout their lives. It strives to offer opportunities for pupils to find a sport or activity that they enjoy and can take through to adult life. Recognised sporting clubs and coaching activities outside of school are constantly signposted in the Wednesday Weekly, in order to promote active opportunities for children to join and promote their active lives.

All physical activities require children to follow the rules and display sportsmanship behaviour both within lessons and at competitions amongst the wider community, where children, parents and officials all agree to a Code of Conduct.

PE lessons are inclusive and each lesson can be differentiated to meet the needs of the pupils in the class as lessons have STEP – differentiation (Space, Task, Equipment, People) built into them.

At Euxton Primrose Hill we believe that all children, irrespective of physical ability, race, gender, creed or stage of achievement have the right to reach their full potential in PE and achieve enjoyment, satisfaction and success at their own level of ability. Groupings will be based upon skill, agility, experience, strength, size, interest, objective of the task and other criteria for the benefit of all children. All children will be encouraged to develop:

- control, co-ordination and mobility.
- skill and confidence in range of physical activities.
- an awareness of physical capabilities of the body.
- co-operative skills.

Able, Gifted and Talented children are identified by staff members at the end of each unit of work and recorded on the PE tracker. The Chorley Sport Partnership also assess children in Year 6 and the top 40 children within the Chorley district schools are offered a place on a program designed to promote and challenge their needs.

As part of our cultural inclusion Years 5 and 6 are visited by the Chorley Partnership and during an hour session consider the local area. They are then tasked with designing a flag that represents the local area and a pledge that sports should follow. The winning flag and pledge form part of the Lancashire sports finals in July, representing the Chorley area.

### **Planning:**

At Euxton Primrose Hill we follow the Lancashire scheme of work for PE. Each unit of work is set out in clear progressions including warm ups, main teaching skills and cool downs. Progressions from one unit of work in a year group are built upon in the next unit in the following year. Skills required are identified, so that teachers know what is expected and are able to identify these skills during lessons. I pads are used to photograph /video children's moves and using the IWB show children WAGGOLS which they can then use to assess and evaluate their own and each others' moves, skills, routines, techniques, in order to improve and progress.

KS1 Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

KS2 Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

At Euxton Primrose Hill we follow '[Safe Practice: in Physical Education, School Sport and Physical Activity](#)' as a basis of our legislation requirements which informs our PE Policy and risk assessments for PE and Sporting activities.

### **Assessment:**

Teaching is assessed against core tasks at the end of each unit and are recorded on the tracker, on the server for years 1-6. EYFS has its own assessment as part of the Early Years Profile. Teachers make assessments during each lesson of the skills of the class. These are then used to inform the next lesson and teachers use STEP to differentiate the lessons to meet the needs of the class. Teachers can look on the server at how children performed in the previous class and be prepared to pitch the lessons at the right level and have some knowledge about which children to support and which to stretch.

At the end of the year the Subject leader looks closely at the overall pattern of achievement of the children in the different units of work and identify CPD or resourcing needs.

### **Collecting evidence:**

- include some pics in this area to show progression – EYFS / Y2 / Y4 / Y6 – in particular subjects which don't have 'books' such as PE, DT, Art, PSHE, RE

Evidence is collected at the end of every lesson and can be jotted against the skills for each progression. Formal assessment takes place at the end of a unit of work and is recorded on the tracker on the server. Photographic and video evidence are regularly taken during PE and sporting opportunities. These are sometimes blogged, displayed on the noticeboard or stored upon the server. Pupils are interviewed about their thoughts about PE. Children are encouraged to write up their experiences of Sporting activities to put on the Wednesday Weekly. Staff regularly

discuss PE with the Subject Leader during staff meetings and during the working week. The Subject Leader has meetings with the Link Governor and an annual report to Governors is written.



EYFS



Athletics Year 4



Gymnastics Year 6

### **Enrichment opportunities:**

At Euxton Primrose Hill we seek to offer a diverse and exciting range of enrichment opportunities. These are delivered by staff in some cases and also by external agencies CSSP, Premier Sport and also specialist coaches. Some activities are competitive and some are inclusive allowing for all the various needs of our children to engage in active pursuits. All registered sporting clubs and coaches within the local area are supported by the school and these are signposted regularly on the Wednesday Weekly to encourage our pupils to keep active and hopefully find a sport or activity that they enjoy, which they will continue to participate in as an adult.

Every year the whole school participates in a Sports day which is supported by the CSSP and can be attended by parents. We also train our Year 4 children to become Playground Leaders and they engage the KS1 children in active sessions during lunchtimes. Two Playground leaders are also trained in leadership by the CSSP and they raise issues surrounding PE and Sport during school councillor meetings. A Healthy Heroes club is run weekly and children who don't normally engage in Sporting activities are offered a place. Residential trips also take place during Year 5 and 6. These allow children to problem solve, build resilience, perseverance, work as part of a team, display leadership and try out new and exciting active experiences.

#### EYFS

Rugby Tots EYFS, Year 1 and Year 2

Fun Run - Cross Country

Reception Balance Biking Festival

Balance bike training

Football FA

Tennis

Judo

Fencing

Athletics

## KS1

Gymnastics Year 1 and 2

Quad kids 1, 2

Fun Run Cross – country

Football FA

Rugby tots

Tennis

Fencing

Judo

Athletics

## KS2

Chance 2 shine and All stars Cricket – Cricket Year 4 and 5

Dance 3, 4,5,6

Hockey 5, 6

Basketball 5,6,

Netball 3,4,5,

Quad Kids 3,4,5,6.

PALS training

Bronze leadership training

Bikeability Year 6

Quad kids 3,4,5,6

Rounders League

Hi – Fives League

Hockey League

Football League boys and girls

Y3/4 Mini Tennis Heat 1

Orienteering 4,5,6

OAA Development Festival 3,4,5,6

Tri Golf 3, 4

Y5/6 Tag Rugby Festival

Y3 & 4 Tag Rugby Skill Festival

Cross Country 3, 4, 5,6

Chorley Schools Musical

Dodgeball KS2

Gymnastics Y3 & 4

Primary Leadership Training Day

KS2 Boccia & Kurling Development Festival

KS1 Boccia and Kurling Development Festival

Sports hall athletics Y3&4, Y5&6

Mixed Year 4 Cricket

**Targets:**

Actions (including staff training needs)	Success Criteria/Intended Outcomes	Progress
To maintain Gold standard of Lancashire sports mark and achieve Platinum for the first time	<ul style="list-style-type: none"><li>• Data entered July 2019 following guidelines of the Lancashire Sports guidelines.</li><li>• Participation of children's sporting activities lists.</li><li>• To improve exit routes of children for sport</li></ul>	<ul style="list-style-type: none"><li>• Participation lists up to date and about 69% and an increase of 48% of reluctant sporting children</li><li>• Sportsmark Gold award achieved for 3rd consecutive year.</li><li>• CSSP Fair Play pledge winners – represented school at county finals.</li><li>• Runner up CSSP whole school participation awards.</li><li>• Runner up CSSP whole school impact awards.</li><li>• 2 x AGT pupils selected in CSSP dance troupe for county games.</li><li>• EYFS 1st place in CSSP virtual Easter Multi-Skills.</li><li>• Year 5/6 CSSP Sportshall Athletics finals reached for first time.</li><li>• 2 nd placed in Runshaw College Sports Hall Athletics Olympics.</li><li>• 2 nd placed in CSSP Tri Golf tournament.</li><li>• 2 nd in CSSP Dance competition.</li><li>• 2 x individual bronze medals in CSSP Swimming Gala.</li><li>• 1 x silver, 2 x bronze in individual CSSP Gymnastics.</li><li>• 4 th and 6th place in CSSP EYFS Balanceability competition.</li><li>• 4 th place individual result in CSSP Y3/4 cross country (out of 143). Boys team came 6 th/25 schools and</li></ul>

		<p>Y5/6 boys came 8th/24 teams.</p> <ul style="list-style-type: none"> <li>• Increased in number of pupils participating in lunchtime activities with the PALS.</li> <li>• Increased provision of extra-curricular clubs delivered by specialist coaches, including tennis, judo and fencing before school to add to our extensive after school programme.</li> <li>• All Stars cricket/Chorley Athletics club/Chorley FC sessions added to extra-curricular programme. Increased sporting competition participation (cricket/tri-golf both added as new tournaments this year).</li> <li>• Divine Dance delivered to whole school and whole school performance.</li> <li>• 86% of KS2 pupils have represented school competitively.</li> <li>• Healthy eating/football programme delivered to KS2 pupils.</li> <li>• Bikeability (Y6) and Balanceability (EYFS).</li> <li>• Sports Day accessed by all pupils in school.</li> <li>• 2 hours of curriculum PE in all year groups maintained.</li> <li>• Change 4 Life club reinvented as Healthy Heroes for increased attendance and participation.</li> <li>• Forest school learning in operation.</li> <li>• Hothersall Lodge/Boreatton Park for Y5 and 6 pupils.</li> </ul>
Recording spending of Sugar Tax.	<ul style="list-style-type: none"> <li>• To complete the impact report outlining spending and IMPACT expected.</li> <li>• To be put on the school website.</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting with CSSP to complete the form and meeting with Mr.Caunce to ensure clear and concise – to put on the school website May 2019.</li> </ul>
New curriculum	<ul style="list-style-type: none"> <li>• EYFS</li> <li>• KS2</li> </ul>	<ul style="list-style-type: none"> <li>• Staff informed of changes and up to date. New curriculum to</li> </ul>

		be implemented September 2019..
<p>To purchase new resources needed.</p> <p>Complete the sports funding request for Chorley Sports Partnership.</p> <p>Book tournaments and collate staffing for afterschool opportunities</p> <p>Pinboard up to date.</p> <p>To send out parent questionnaire</p>	<ul style="list-style-type: none"> <li>• Identify resources needed and replace where necessary.</li> <li>• Outline purchasing requirements from Chorley Sports Fund and keep record of Sports funding.</li> <li>• Pupils requests for sporting opportunities addressed where possible.</li> <li>• Tournaments identified and coaching tailored to needs</li> <li>• Standards raised in teaching and learning</li> <li>• Parents questions and queries to be answered on the Wednesday weekly</li> </ul>	<ul style="list-style-type: none"> <li>• New equipment for the new hall purchased including storage of resources.</li> <li>• Services from Chorley Sports Partnership were agreed upon and one hour afterschool to promote sporting activity and enhance our competitive skills maintained booked during booking in evening with Chorley Sports Partnership July 2019</li> <li>• Feedback from children about sporting likes and requests were fed into the afterschool opportunities.</li> <li>• Tournaments were booked September 2017, staff supported covering tournaments - decided that for some activities two members of staff needed.</li> <li>• Pinboard up to date.</li> <li>• Parent feed back to PE, Run a Mile and Sport on the whole extremely positive.</li> </ul>
<p>Monitor core task results and participation of pupils for sporting opportunities.</p> <p>Maintain Premier sports</p>	<ul style="list-style-type: none"> <li>• Children develop necessary skills to access curriculum</li> <li>• Standards are raised in both teaching and learning.</li> <li>• Increase percentage of children participating.</li> </ul>	<ul style="list-style-type: none"> <li>• Core task data up to date on the server.</li> <li>• Staff confident in all areas of the curriculum.</li> <li>• Participation improved across all key Stages, however; still need more opportunities for Reception.</li> <li>• Increased participation 70% KS2, above 80% for the whole school.</li> <li>• Involvement of Premier Sports to help run some clubs – KS1 running at capacity.</li> </ul>
<p>C4L club leader identified and funding supplied</p>	<ul style="list-style-type: none"> <li>• Children who do not usually engage in sporting opportunities engaged.</li> <li>• Healthy lifestyles promoted and enjoyed.</li> </ul>	<ul style="list-style-type: none"> <li>• The club was opened up to a larger selection of children in order to improve uptake..</li> <li>• Lessons from CSSP being used.</li> <li>• Healthy Heroes name adopted.</li> </ul>
<p>Register of children achieving 25M in swimming</p>	<ul style="list-style-type: none"> <li>• Maintain record of children's achievement</li> </ul>	<ul style="list-style-type: none"> <li>• Swimming record up to date and kept alongside the core tasks on the server.</li> <li>• Swimming achievements recorded from outside school – to maintain records.</li> <li>• Letter to parents Year 6 offering Pupil premium children opportunity funded by</li> </ul>

		school to attend intense weeks lesson over half term.
Attend PLT days	<ul style="list-style-type: none"> <li>To keep abreast of developments in PE and sport</li> </ul>	<ul style="list-style-type: none"> <li>PLT days attended.</li> </ul>

### **Impact of staff training:**

At Euxton Primrose Hill we value developing our staff in this area. This year EYFS and Key stage 2 have each had a day's training about the new PE curriculum for their age range. This has then been shared with colleagues to drive the subject forward.

In EYFS a member of staff attended CPD linked to Balance Biking, 'Ready, Set, ride', which has been used to support children in EYFS. Following the course, a need to invest in further balance bikes has been raised to make the sessions more useful.

The PE Leader attends PLT days with the CSSP, to keep abreast of changes and be able to network with other local schools to discuss current practice and share ideas.

The subject leader is to attend the PE and Sport conference in July 2019 and one of the seminars will be about how to apply for the healthy schools - PE strand, which will hopefully ensure we achieve this.

### **Future Targets:**

Priorities for 2018/19

- To ensure new safety procedures for Lancashire implemented (regarding coaches and gum shields)
- To monitor the use of the new core task recording on the server.
- To achieve and maintain the Platinum Sportsmark.
- To monitor participation.
- To ensure classes are implementing 60 active minutes.
- To monitor run a mile and ensure continues impact.
- To book staff onto CPD to ensure that pedagogy is always excellent.
- To monitor and evaluate the Sugar tax spending.
- To offer children an even greater range of sporting opportunities within school.
- To continue to encourage children to try new sporting experiences and broaden their awareness of the sporting opportunities available and local to them
- To continue to promote active bodies, lifestyles and minds.