

## **Year 3 Net/Wall Games Core Task 1**

### **Assessment and Pupil Progress**

- Throw ball/bean bag into target
- Show the ready position
- Throw bean bag/ ball/ shuttlecock into a target
- Intercept an object thrown
- Throw ball over a barrier
- Explain which throw is best for shorter / longer passes
- Hold a racket
- Strike a ball with my hand
- Strike a ball with a racket
- Outwit their opponent when playing a game
- Suggest what they need to do to improve

## **Year 4 Net/Wall Games Core Task 2**

### **Assessment and Pupil Progress**

- Throw ball/bean/ shuttlecock underarm into target
- Throw bean bag/ ball/ shuttlecock overarm into a target
- Show the ready position
- Intercept an object thrown
- Throw ball over a barrier
- Explain which throw is best for shorter / longer passes
- Hold a racket
- Play a forehand shot
- Play a backhand shot
- Play a continuous rally with a partner
- Outwit their opponent when playing a game

## **Year 5 Net/Wall Games Core Task 1 Tennis**

### **Assessment and Pupil Progress**

- Hold a racket correctly
- Hit a forehand shot after the ball has bounced
- Hit a backhand after the ball has bounced
- Hit a ball into a target area using a forehand
- Hit a ball into a target area using a backhand
- Keep a rally going
- Outwit an opponent using simple tactics
- Defend an area
- Suggest ways they can improve their shots
- Recognise when others are playing well and identify why with help

## **Year 6 Net/Wall Games Core Task 2 Badminton**

### **Assessment and Pupil Progress**

Hold a racket correctly

Hit a forehand shot

Hit a backhand shot

Hit a shuttlecock into a target area using a forehand

Hit a shuttlecock into a target area using a backhand

Keep a rally going

Outwit an opponent using simple tactics

Defend an area

Suggest ways they can improve their shots

Recognise when others are playing well and identify why with help